



# Saints Constantine and Helen Antiochian Orthodox Church

1225 E Rosemeade Parkway | Carrollton, TX 75007 | 214-350-2104

Mailing Address: PO Box 116639 | Carrollton, TX 75011

**Father David Lewis**

Pastor

**Father Gregory Farman**

**Father Patrick Irish**

**Deacon George Mekhel**

Schedule of Services

*Wednesdays*

6:00 pm

Daily Vespers, followed by book study

*Saturdays*

5:00 pm

Great Vespers and Confessions

*Sundays*

9:00 am

Matins (Orthros)

10:00 am

Divine Liturgy

**Church Office Hours**

Monday - Thursday

10:00 am - 3:00 pm

*Sunday, June 2, 2024*



*Fifth Sunday of Pascha*

*Tone 4 / Eothinon 7*

*Sunday of the Samaritan Woman*

*& After-feast of Mid-Pentecost*

*Nikephoros the Confessor, Archbishop of Constantinople; New-Martyrs  
Demetrios of Philadelphia, John of Trebizond, and Constantine of Athos*

**On Receiving Holy Communion in the Orthodox Church**

Only Orthodox Christians who are prepared through prayer, fasting, and recent sacramental confession should approach the Chalice for the Eucharist. All others are welcome to approach and ask for a blessing and to partake of the blessed bread. The Orthodox Church does not practice "open communion" and has no intercommunion with other churches. If you have any questions about this, please talk to a priest before receiving. *And Remember...to receive Holy Communion, one should be present at the Divine Liturgy for the Epistle and Gospel readings. When we feast at Our Lord's table we listen to his words.*

**Home and Hospital Visits:** Please notify the church office if you are in need of a priest to come by for a home or hospital visit for a blessing, confession or communion.

**Celebration of Sacraments:** Please contact the church office if you are preparing to celebrate a sacrament and would like to schedule the celebration at the church.

[www.constantinehelen.com](http://www.constantinehelen.com) | [administrator@constantinehelen.com](mailto:administrator@constantinehelen.com)

### THE FIRST ANTIPHON

**Verse:** Shout with joy to God, all the earth; sing to His Name, give glory to His praises.

*Refrain:* Through the intercessions of the Theotokos, O Savior, save us.

**Verse:** Say to God: How awesome are Thy works; let all the earth worship Thee, and sing to Thee. Let it sing a song to Thy Name, O Most High. (*Refrain*)

Glory... Both now... (*Refrain*)

### THE SECOND ANTIPHON

**Verse:** May God have mercy upon us, and bless us, and may He cause His face to shine upon us, and have mercy upon us.

*Refrain:* Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

**Verse:** That Thy way may be known upon earth, Thy salvation among all nations; let the people give thanks to Thee, O God, let all the people give thanks to Thee. (*Refrain*)

**Verse:** May God bless us, and may all the ends of the earth fear Him. (*Refrain*)

Glory... Both now... O, only begotten Son and Word of God...

### THE THIRD ANTIPHON

**Verse:** Let God arise, and let His enemies be scattered, and let those who hate Him flee from before His face.

*Refrain:* Christ is risen from the dead, trampling down death by death; and upon those in the tombs, bestowing life!

**Verse:** As smoke vanishes, so let them vanish, as wax melts before the fire. (*Refrain*)

**Verse:** So let sinners perish before the face of God, and let the righteous be glad. (*Refrain*)

**Verse:** This is the day which the Lord hath made; let us rejoice and be glad in it. (*Refrain*)

### THE EISODIKON (ENTRANCE HYMN) OF PASCHA

In the gathering places bless ye God the Lord, from the springs of Israel. Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

### RESURRECTIONAL APOLYTIKION IN TONE FOUR

Having learned the joyful message of the Resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying, Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

### APOLYTIKION FOR MID-PENTECOST IN TONE EIGHT

In the midst of this Feast, O Savior, give Thou my thirsty soul to drink of the waters of true worship; for Thou didst call out to all, saying: Whosoever is thirsty, let him come to Me and drink. Wherefore, O Christ our God, Fountain of life, glory to Thee.

### APOLYTIKION OF SS. CONSTANTINE AND HELEN

Constantine who is Thine Apostle among kings O Lord, received his calling like Paul not from man, for he saw the sign of Thy Cross in the heavens, and placed his royal city into Thy hands; preserve both it and us in safety for all time, through the prayers of the Theotokos, only Lover of man.

### THE KONTAKION OF PASCHA IN TONE EIGHT

Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

### THE EPISTLE

*How magnified are Thy works, O Lord. In wisdom hast Thou made them all.*

*Bless the Lord, O my soul.*

### The Reading from the Acts of the Holy Apostles. (11:19-30)

In those days, when the apostles were scattered because of the tribulation that arose over Stephen, they traveled as far as Phoenicia and Cyprus and Antioch, speaking the word to no one, except to Jews only. But there were some of them, men of Cyprus and Cyrene, who upon coming to Antioch spoke to the Hellenists also, preaching the Lord Jesus. And the hand of the Lord was with them, and a great number that believed turned to the Lord. The report concerning them reached the ears of the church in Jerusalem, and they sent out Barnabas, to go as far out as Antioch. When he came and saw the grace of God, he was glad; and he exhorted them all, that with purpose of heart they should cleave to the Lord; for he was a good man, full of the Holy Spirit and of faith. And a great multitude was added unto the Lord. Then Barnabas went to Tarsus to look for Saul; and when he had found him, he brought him to Antioch. For a whole year, they were gathered together in the church, and they taught a great multitude of people, and the disciples were called Christians first in Antioch. Now in these days prophets came down from Jerusalem to Antioch. And one of them named Agabos stood up and signified by the Spirit that there would be a great famine over the whole world; and this took place in the days of Claudius Caesar. And the disciples, every one according to his ability, determined to send relief to the brethren who dwelt in Judaea; and they did so, sending it to the elders by the hand of Barnabas and Saul.

## THE GOSPEL

### The Reading from the Holy Gospel according to St. John. (4:5-42)

At that time, Jesus came to a city of Samaria, called Sychar, near the field that Jacob gave to his son Joseph. Jacob's well was there, and so Jesus, wearied as He was with his journey, sat down beside the well. It was about the sixth hour. There came a woman of Samaria to draw water. Jesus said to her, "Give Me a drink." For His Disciples had gone away into the city to buy food. The Samaritan woman said to Him, "How is it that Thou, a Jew, ask a drink of me, a woman of Samaria?" For Jews have no dealings with Samaritans. Jesus answered her, "If you knew the gift of God, and Who it is that is saying to you, 'Give Me a drink,' you would have asked Him, and He would have given you living water." The woman said to Him, "Sir, Thou hast nothing to draw with, and the well is deep; where do you get that living water? Art Thou greater than our father Jacob, who gave us the well, and drank from it himself, and his sons, and his cattle?" Jesus said to her, "Everyone who drinks of this water will thirst again, but whoever drinks of the water that I shall give him will never thirst forever; the water that I shall give him will become in him a spring of water welling up to eternal life." The woman said to Him, "Sir, give me this water, that I may not thirst, nor come here to draw." Jesus said to her, "Go, call your husband, and come here." The woman answered Him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and he whom you now have is not your husband; this you said truly." The woman said to Him, "Sir, I perceive that Thou art a prophet. Our fathers worshiped on this mountain; and Thou sayest that in Jerusalem is the place where men ought to worship." Jesus said to her, "Woman, believe Me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship Him. God is spirit, and those who worship Him must worship in spirit and truth." The woman said to Him, "I know that Messiah is coming [He Who is called Christ]; when He comes, He will tell us all things." Jesus said to her, "I Who speak to you am He." Just then His Disciples came. They marveled that He was talking with a woman, but none said, "What dost Thou wish?" or, "Why art Thou talking with her?" So the woman left her water jar, and went away into the city, and said to the people, "Come, see a man Who told me all that I ever did. Can this be the Christ?" They went out of the city and were coming to Him. Meanwhile the Disciples besought Him, saying, "Rabbi, eat." But He said to them, "I have food to eat of which you do not know." So the Disciples said to one another, "Has anyone brought Him food?" Jesus said to them, "My food is to do the will of Him Who sent Me, and to accomplish His work. Do you not say, 'There are yet four months, then comes the harvest'? I tell you, lift up your eyes, and see how the fields are already white for harvest. He who reaps receives wages, and gathers fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor; others have labored, and you have entered into their labor." Many Samaritans from that city believed in Him because of the woman's testimony, "He said to me all that I ever did." So when the Samaritans came to Him, they asked Him to stay with them; and He stayed there two days. And many more believed because of His words. They said to the woman, "It is no longer because of your words that we believe, for we have heard for ourselves, and we know that this is indeed the Savior of the world."

### MEGALYNARION FOR SUNDAY OF THE SAMARITAN WOMAN IN TONE ONE

*The angel spake to her that is full of grace, saying, O pure Virgin, rejoice; and I say also, Rejoice; for thy Son is risen from the tomb on the third day.*

Rejoice and be glad, O gate of the divine Light; for Jesus Who disappeared in the tomb hath risen with greater radiance than the sun, illuminating all believers, O Lady favored of God.

### KOINONIKON (COMMUNION HYMN) OF PASCHA IN TONE EIGHT

Receive ye the body of Christ; taste ye the Fountain of immortality.

### Transliteration of "Our Father" in Arabic

Abānal-ladhī Fis-Samawāt,  
Liya-taqad-das Ismuk  
Liya'ti Malakootuk  
Litakun Mashī'atuk  
Kamā Fis-Samā, Kadhalik 'alal-Ard  
Khubzanal-Jawhari A'tinal-Yawm  
Wat-ruk Lanā Mā 'Alaynā  
Kamā Natruku Naḥnu liman Lanā 'Alayḥi  
Wala Tud-khil-nā Fī Tajriba  
Lākin Naj-jinā Minash-Shirrīr

Please pray for health of body and soul of: Zayna, Maram, Janice, Savina, Matt, Maher, Mimi, Yacoub, Kevin, Cristinette, Charity, Carolyn, James, Sahar, Shaza, Mike, Norma, Cristiane, George, Helen, Charme, Jen, Aleksii, Michaela, Shauna, Kenny, Donna, George, Paul, Lynda, Zoe, Joe, E.N., for those serving in our armed forces: Jack, Micah, Jack, Justin, Jordan, Michaela and Vlad, and our catechumens: Emily, Anthony, Jen, Charity, Joshua, Jordan, Danté, David, Josh, Patricia, Emma, Ethan, Evelyn, Charlotte, Myka, Mario, Tom, Mark, Nathaniel, Caleb, Jenna, Charlotte, Coraline, Elliott, Eliza, Emily, Penny, Luke.

**Holy Bread** is offered by: **Angela Fares**, in honor of the Sunday School teachers and their supporting families. **Annie Connally**, for our active duty military service members serving around the world for our freedom and peace.

**Trisagion Prayers for the Departed:** One-year Memorial for Lonnie Jarrell.

**Parishioners who celebrate birthdays this week:** Anne Bigley, Maher Ghanayem, Jacob Fanous, Stephanie Clarke, Brogan Neagle, Ghaleb Sunna, Elias Khoury.

**Coffee Hour** is hosted today by **Lina Kaileh**.



### Vacation Bible School

**Vacation Bible School** begins tomorrow, June 3 - June 7, from **9:30 am to noon**, for children who have completed grades K - 5. *Please scan the QR Code to register!*

For questions, please contact Raja Khoury, [raja@att.net](mailto:raja@att.net) or Tamara Newbre, [tnewbre@yahoo.com](mailto:tnewbre@yahoo.com).

**Sunday Camp** today? **No.** *Sunday Camp has ended for this school year and will resume in September!*

There are some openings for teachers. If you would like to volunteer or if you have questions. please contact Joseph Bradley at 469.600.4007, [Josephwb52@gmail.com](mailto:Josephwb52@gmail.com).



Church  
Ministries

